**青岛宁夏路小学2022-2023学年度体育美育课程总表**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **班级** | **星期一** | | | | | | | | | **星期二** | | | | | | | | | **星期三** | | | | | | | | | **星期四** | | | | | | | | | **星期五** | | | | | | | | |
| **晨** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **晨** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **晨** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **晨** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **晨** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **1.1** |  |  |  |  | **体** |  |  | **音** |  |  |  |  | **体** |  | **美** |  |  |  |  |  |  | **美** |  |  |  |  |  |  |  |  | **体** |  |  | **音** |  |  |  |  |  | **体** |  |  |  |  |  |
| **1.2** |  |  |  | **音** |  |  | **美** | **体** |  |  |  |  | **美** |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **体** |  |  | **音** |  |  |  |  |  | **体** |  |  |  |  |
| **1.3** |  |  |  |  |  |  | **体** |  |  |  |  |  |  | **体** |  |  | **音** |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **美** |  | **体** | **音** |  |  |  |  |  |  |  |  |  |  |  |
| **1.4** |  |  |  | **体** |  |  | **美** |  |  |  |  |  |  | **音** |  | **体** |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  | **音** |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  |
| **1.5** |  |  |  |  |  |  | **体** | **音** |  |  |  |  |  | **体** |  |  | **美** |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **音** | **体** |  | **美** |  |  |  |  |  | **体** |  |  |  |  |
| **2.1** |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  | **体** | **美** |  |  |  |  |  | **体** |  |  |  |  |  |  |  | **美** |  | **音** |  | **体** |  |  |  |  | **音** |  |  |  |  |  |
| **2.2** |  |  |  |  | **体** | **音** |  |  |  |  |  |  |  | **音** |  |  | **体** |  |  |  |  | **美** |  |  |  |  |  |  |  |  |  | **美** |  | **体** |  |  |  |  |  | **体** |  |  |  |  |  |
| **2.3** |  |  |  | **体** |  |  |  | **音** |  |  |  |  | **体** |  |  |  | **美** |  |  |  |  |  | **音** |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **美** | **体** |  |  |  |  |
| **2.4** |  |  |  | **音** |  |  | **体** |  |  |  |  |  |  | **体** |  | **美** |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **美** | **体** | **音** |  |  |  |  |  |  |  |  |  |  |  |  |
| **2.5** |  |  |  |  |  |  | **美** |  |  |  |  |  | **音** | **美** |  |  | **体** |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  | **音** |  |  |  |  |
| **3.1** |  |  |  |  |  | **音** |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  | **体** | **音** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **体** |  |  | **美** |  |  |
| **3.2** |  |  |  |  | **音** |  | **体** |  |  |  |  |  | **体** |  | **美** |  |  |  |  |  |  | **音** |  |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **美** |  |  |  |  |
| **3.3** |  |  |  | **体** |  |  |  |  |  |  |  | **音** |  | **美** |  |  |  |  |  |  |  | **美** | **体** |  |  |  |  |  |  |  |  |  | **体** | **音** |  |  |  |  |  |  |  |  |  |  |  |
| **3.4** |  |  |  | **音** |  | **美** |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  | **体** |  | **美** | **音** |  |  |
| **3.5** |  |  |  |  |  |  | **体** |  |  |  |  |  |  | **音** |  |  | **体** |  |  |  |  |  | **美** |  |  |  |  |  |  |  |  | **美** | **体** |  |  |  |  |  |  | **体** | **音** |  |  |  |  |
| **4.1** |  |  |  | **美** |  | **体** | **音** |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **体** |  | **音** | **美** |  |  |
| **4.2** |  |  |  |  | **体** |  |  |  |  |  |  |  | **美** |  |  | **音** |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  | **音** |  | **体** |  |  |  |  |  |  | **美** |  |  |  |  |
| **4.3** |  |  |  | **体** |  | **美** |  |  |  |  |  |  |  | **音** | **体** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **体** |  |  | **美** |  |  |  |  |  |  |  |  | **音** |  |  |
| **4.4** |  |  |  |  | **美** |  |  |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  | **体** | **音** |  |  |  |  |  |  |  |  |  | **美** |  |  |  |  |  |  |  |  | **体** | **音** |  |  |
| **5.1** |  |  |  |  |  | **音** |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **音** | **体** | **美** |  |  |  |  |  | **体** |  | **美** |  |  |  |
| **5.2** |  |  |  |  | **音** | **美** |  |  |  |  |  |  |  |  |  | **体** |  |  |  |  | **美** |  |  |  |  |  |  |  |  |  |  | **体** |  | **音** |  |  |  |  |  |  |  |  | **体** |  |  |
| **5.3** |  |  |  |  | **美** |  | **音** |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **体** | **音** |  |  |  |  |  |  |  | **美** |  | **体** |  |  |
| **5.4** |  |  |  |  | **美** |  |  |  |  |  |  |  |  |  | **音** | **体** |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **体** | **美** |  |  |  |  |  |  |  | **体** |  | **音** |  |  |
| **5.5** |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **美** |  |  |  |  |  |  |  | **音** | **美** |  |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  | **音** | **体** |  |  |  |
| **5.6** |  |  |  |  |  |  | **体** |  |  |  |  |  | **体** |  | **音** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **美** |  |  |  |  |  |  |  |  |  | **体** | **音** | **美** |  |  |
| **6.1** |  |  |  |  |  | **体** | **美** |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **音** | **体** |  |  |  |  |  |  |  |  | **音** |  |  |  |  |  |  |  | **美** |  |  | **体** |  |  |
| **6.2** |  |  |  | **音** | **体** | **美** |  |  |  |  |  |  |  | **美** |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  |  | **音** | **体** |  |  |  |  |  |  |  |  |  |  |  |
| **6.3** |  |  |  |  | **体** | **音** |  |  |  |  |  |  |  |  | **美** |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  |  | **美** | **音** |  |  |  |
| **6.4** |  |  |  |  |  | **体** |  |  |  |  |  |  | **体** |  |  | **音** |  |  |  |  |  |  | **美** |  |  |  |  |  |  |  |  |  | **美** | **体** |  |  |  |  |  |  | **音** |  |  |  |  |
| **6.5** |  |  |  |  |  |  |  |  |  |  |  | **美** | **音** | **体** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **体** | **美** |  |  |  |  |  |  |  | **体** | **音** |  |  |
| **6.6** |  |  |  |  |  |  | **体** |  |  |  |  |  |  | **音** |  |  |  |  |  |  |  |  | **体** |  |  |  |  |  |  |  |  | **美** |  | **音** |  |  |  |  |  |  | **体** |  | **美** |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**注：1.表格内文字的字号和字体、表格的行高和列宽都不要改变，只可增加表格行数。**

**2.表格内仅填写同音、体、美相关的课程。**